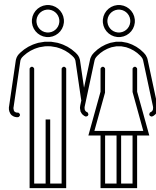


## BONE MASS MEASUREMENTS



Hello,

My name is Al Castellanos and I am a licensed insurance agent. Do you know what disease prevention is and why it's important? Well I am here to give you that information. Medicare pays for many preventive services to keep you healthy. These preventive services can find health problems early, when treatment works best, and can keep you from getting certain diseases.

**Bone Mass Measurements** is one of the preventive services that is covered by Medicare.

### **Why have your bone mass measured?**

Medicare covers bone mass measurements to see if you're at risk for broken bones due to osteoporosis. Osteoporosis is a disease in which your bones become weak and brittle. In general, the lower your bone density, the higher your risk for a fracture. Bone mass measurement results will help you and your doctor chose the best way to keep your bones strong.

### **Who's covered?**

Bone Mass Measurements are covered for certain people with Medicare whose doctors say they're at risk for osteoporosis, some of these risks are the following:

- A person with vertebral abnormalities as demonstrated by an X-ray
- A person getting (or expecting to get) steroid treatments
- A person with hyperparathyroidism
- A person taking an osteoporosis drug

**How often is it covered?**

Once every 24 months (more often if medically necessary).

**Your cost if you have Original Medicare**

You pay nothing for this test if the doctor accepts assignment.

If you have any questions regarding this exam or any of the other Preventive Service exams covered by Medicare, please contact me at (281) 642-4082 or at [alcastellanos@prinsuco.com](mailto:alcastellanos@prinsuco.com).