



CARING FOR AN AGING PARENT CHECKLIST

Hello,

My name is Al Castellanos and I am a licensed Insurance agent associated with the Checklist Depot. Do you know why checklist are important to have? Well I am here to give you that information. Checklist can help us stay more organized by assuring we don't skip any steps in a process. Seeing a list of what you must get done, instead of trying to remember it all, is going to save you a ton of time.

Caring for an Aging Parent Checklist is an important list to have. Caring for an aging parent can feel overwhelming. Becoming a sudden caregiver can feel like a roller coaster ride especially when you have of no idea about the responsibilities of caregiving. With a checklist you can be prepared for when the day comes that you may need to become a caregiver for your parent.

Things that you need to have and need to know when caring for an aging parent:

General information

- Have your parent's personal information.
 - o Name, phone number, address
 - o D.O.B
 - Social Security
 - o Physician, specialist, attorney information
 - o Parent's health, marital status
 - o Family members available for support
 - Have parent's financials assessed and available
 - o Income from pension, Social Security, employment
 - Expenses
 - Assets
 - Liabilities

Insurance planning

- Know what type of insurance's your parent has
 - Life Insurance
 - o Long-term Care

- Health Insurance (Medicare, Medigap)
- Homeowners Insurance
- Auto Insurance
- o Umbrella Liability Insurance

These and many more tips may help you be prepared for the day you may need to care for an aging parent, please check out the complete checklist and other important checklist at our website https://www.prinsuco.com/Checklist.62.htm.

If you have any questions regarding this checklist or any of the other checklist, please contact me at (281) 642-4082 or at alcastellanos@prinsuco.com.