

## **CARDIOVASCULAR DISEASE (BEHAVIOR THERAPY)**



Hello,

My name is Al Castellanos and I am a licensed insurance agent. Do you know what disease prevention is and why it's important? Well I am here to give you that information. Medicare pays for many preventive services to keep you healthy. These preventive services can find health problems early, when treatment works best, and can keep you from getting certain diseases.

**Cardiovascular Disease (Behavioral Therapy)** is one of the preventive services that is covered by Medicare.

### **What is Cardiovascular Disease (Behavioral Therapy)?**

Cardiovascular behavioral therapy helps lower your risk for cardiovascular disease. During therapy, your doctor may discuss aspirin use (if appropriate), check you blood pressure, and give you tips to make sure you're eating well.

### **Who's covered?**

All people with Medicare. Men and Women

### **How often is it covered?**

Once each year.

### **Your cost if you have Original Medicare**

You pay nothing if your doctor accepts assignment.

## **What's covered?**

A cardiovascular disease risk reduction visit that includes:

- Encouraging aspirin use when benefits outweigh risks/
- Screening for high blood pressure.
- Counseling to promote a healthy diet.

If you have any questions regarding this exam or any of the other Preventive Service exams covered by Medicare, please contact me at (281) 642-4082 or at [alcastellanos@prinsuco.com](mailto:alcastellanos@prinsuco.com).