



SHOTS (FLU)



Hello,

My name is Al Castellanos and I am a licensed insurance agent. Do you know what disease prevention is and why it's important? Well I am here to give you that information. Medicare pays for many preventive services to keep you healthy. These preventive services can find health problems early, when treatment works best, and can keep you from getting certain diseases.

Shots (flu) is one of the preventive services that is covered by Medicare.

What is it?

The flu is a common viral infection that can be deadly, especially in high-risk groups. The flu attacks the lungs, nose, and throat. Young children, older adults, pregnant women, and people with chronic disease or weak immune systems are at high risk.

Symptoms:

- Fever
- Chills
- Muscle Aches
- Cough
- Congestion
- Runny Nose
- Headaches
- Fatigue

Complications:

If your young and healthy, seasonal influenza usually isn't serious. But children and adults at high risk may develop complications such as:

- Pneumonia
- Bronchitis
- Asthma flare-ups
- Heart problems
- Ear infections

Pneumonia is the most serious complication. For older adults and people with chronic illness, pneumonia can be deadly.

Risk Factors:

Factors that may increase your risk of developing influenza or its complications include:

- Age
- Living or working conditions
- Weakened immune system
- Chronic illnesses
- Aspirin use under age 19
- Pregnancy
- Obesity

Who's covered?

All people with Medicare.

How often is it covered?

Once each flu season.

Your cost if you have Original Medicare

You pay nothing if your doctor or other qualified health care provider accepts assignment for giving the shot.

If you have any questions regarding this exam or any of the other Preventive Service exams covered by Medicare, please contact me at (281) 642-4082 or at alcastellanos@prinsuco.com.